

Sea Grape Café

DAILY JAMAICAN FOODS

Tossed Garden Greens- Peppers, Tomatoes, Cucumber, Toasted Nuts, Carrots, Orange Vinaigrette.

Chilled Gazpacho

Jamaican Sushi - Filled with Smoked Marlin, Ackee, Cream, Cheese, Peppers, Jerk Trout.

Chicken Strips - Yogurt, Lime, Herbs on Focaccia Bread

Sandwich Wraps - Goat Cheese, Sun-Dried Tomatoes, Sprouts & Lettuce or Tuna, Olives, String Beans, Fresh Tomatoes & Egg

Mediterranean Plate - Baba Ganoush, Humus, Tzatziki, Marinated Olives, Feta Cheese & Pita Bread

Coco Bread - Baked with Calaloo Peppers & Onions

Tropical Fruit Salad

ALTERNATIVES

Jamaican Chicken or Beef Patty

Chips & Dips - Served with Guacamole, Picante Salsa & Sour Cream

Grilled Fish or Chicken - Served with Coco Bread

Jerk Chicken
