

## Veggie Bar Menu

Thursday, Friday, Saturday & Sunday

Daily Jamaican Vegetable Juice

Fruit & Veggie Smoothies

Chilled Breadfruit and Leeks Vichyssoise  
Lemon Herb Oil

Lemony Humus & Smoked Marlin and Palm Heart Dip  
Sweet Potato Chips & Vegetable Sticks

Crunchy Greens, Toasted Seeds, Oranges, Citrus Vinaigrette  
Apple Goat Cheese Bruschetta

Lebanese Pumpkin Nut Kibbeh  
Fatoush & Cucumber Tzatziki

Sandwiches & Paninis

Tuna Nicoise Wrap  
Kalamata Olives, Green Beans, spicy Chipotle Salsa

Spinach & Sun-Dried Tomato Focaccia  
Goat Cheese / Grilled Veggies / Organic Basil Pesto

Mini Lentil Cakes in Whole-Wheat Pita  
Grilled Plantain / Shredded Greens / Greek Style Yoghurt